

Liquor store sales in N.S. jump \$30M



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HALIFAX • THURSDAY, JUNE 18, 2009

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Heather Clarke talks suite
pg 18

Two arrested for alleged ATM theft

CRIME Two men are alleged to have attempted to rob an ATM at the Mumford Transit terminal early yesterday morning, however Halifax Regional Police say they arrived before the pair could escape with cash.

Police say they were notified by security guards about two men tampering with surveillance cameras and eventually forced open the ATM to remove the cash.

Police say they then arrived and apprehended the suspects before 3 a.m.

The two men face charges of break and enter, attempted theft over \$5,000 and possession of break-in instruments. Police also said the two have probation and recognition orders.

METRO HALIFAX

Comment pg 8

Alberta bill's ripple effect

Sunny Side

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- See what other Metro readers are doing and saying about SunnySide Today
- Playground built for neighbourhood, pg 5
- Young artists on display with NSCAD, pg 5



Shots send shockwaves

Fairview residents rattled as bullets fly hours after stabbing

KRISTEN LIPSCOMBE
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Halifax Regional Police say they don't think bullets that flew in Fairview yesterday afternoon have anything to do with a stabbing that took place in the same neighbourhood a couple of hours earlier.

"We can certainly understand why residents might be a little uneasy," police spokesman Const. Brian Palmer told reporters gathered on Halifax's Main Avenue, outside of two small apartment buildings, including one that was shot up shortly after 2 p.m. "We do believe that (in) this incident ... the parties involved are known to each other."

Police cars were still parked outside the modest buildings at 29 and 31 Main Ave. before 4 p.m., while forensic investigators used a metal detector to search for shell casings on the ground.

"A group of males arrived in a silver mid-sized, four-door sedan," Palmer said.

"One male exited the vehicle and fired three rounds at a male who was seen running north-bound."

The car took off west, up Main Avenue, he said, adding it didn't appear anyone was injured.

A man named Mark said he was smoking a cigarette when he heard shots ring out.

He said "a young black fella, he walked up by" and then an expensive looking grey car "fired three shots



A forensic identification officer uses a metal detector to search for evidence outside an apartment building in Fairview yesterday. Police also responded to two stabbings yesterday, one in Fairview and the other in Dartmouth.

at him."

Mark said he also walked to a corner store earlier in the day "and seen a woman lying on the sidewalk stabbed."

Police said they responded to the stabbing at noon near Titus Street and Evans

Avenue, where they found the woman suffering from stab wounds.

Several media outlets say she is pregnant, but Palmer couldn't confirm that. He did say "she's expected to make a full recovery."

Police said the stabbing

was due to a property dispute, adding an 18-year-old woman will face charges of attempted murder and possession of a weapon and a 14-year-old boy is facing charges of accessory after the fact and breaching probation.

Cops concerned by recent crime wave in Halifax

KRISTEN LIPSCOMBE
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CRIME Violent crime continues to interrupt every day life across the municipality and police admit they're worried that an innocent bystander could be hurt in the crossfire.

"What we're seeing is ... a spike in the violent behaviour amongst young people and they've escalated to gunplay (in dealing) with their feuds," HRP spokesman Const. Brian Palmer told the media yesterday outside a Fairview building with fresh bullet holes. "These brazen daylight incidents are not comforting to us."

Palmer was referring to a recent crime wave that includes a string of gunfire in north end Halifax this week, which police believe is linked to a battle between two groups.

In addition to two incidents in the same Halifax neighbourhood yesterday, there was another stabbing at about 4:15 a.m. when a male suspect stabbed a man who was arguing with his girlfriend in the Dartmouth Commons. The 23-year-old victim ended up in hospital with non-life-threatening injuries, police said.

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Dal, HRM hosting energy conference

HRM and Dalhousie University are hosting the Canadian District Energy Association's 14th annual conference, which kicked off yesterday with a keynote address from national Green party Leader Elizabeth May and runs through tomorrow at The Lord Nelson Hotel. **METRO HALIFAX**

3

Local



New RCMP community liaison named

Halifax District RCMP have a new community liaison diversity consultant. Esther Medley-Smith, left, of Mulgrave, Guysborough County, was sworn in to her new position as a civilian member during a ceremony yesterday at the Black Cultural Centre of Nova Scotia in Dartmouth. An RCMP news release says Medley-Smith is a well-known African-Nova Scotian musician who has been working with the RCMP for the past couple of years. **METRO HALIFAX**

Booze sales hits a new high

Despite downturn in economy, NSLC sees a \$30M boost in revenue

PAUL MCLEOD

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Like moths to a flame, Nova Scotians were drawn to liquor stores in record numbers once again last year.

The Nova Scotia Liquor Commission had gross sales of \$565.6 million this past fiscal year. That's \$30 million, or 5.5 per cent, more than the previous year. Net income was up seven per cent to \$212.6 million.

In a recession many companies would love this kind of growth, but for NSLC it's another year at the office. This is the fourth year in a row sales are up, posting an almost identical 5.4 per cent growth the year before last.

Halifax was the driving force behind this latest sales increase, said NSLC



NSLC employee Kathryn Haverstock stocks a wine shelf at the Young Street location yesterday. The NSLC released its year-end results yesterday and its sales rose by 5.5 per cent over last year.

spokesman Rick Perkins.

"The economy is doing well in Halifax. It's got one of the lowest unemployment rates in the country," he said. "That's reflected in our sales where you see very strong growth."

Ready-to-drink products had the biggest leap at 8.8 per cent over the previous year. Next was wine, up by 7.6 per cent. Beer and spirits also saw solid growth with 4.7 and 4.8 per cent respectively.

Perkins said economic worries didn't seem to have much impact, but there was some slowing of growth in the last three months.

"That may be a sign that there's a bit of caution going on with people and

On the rise

- Wine sales up 7.6%
- Spirit sales up 4.8%
- Beer up 4.7%
- Ready-to-drink beverages up 8.8%

their purchasing," he said. While liquor stores thrived, sales via bars had slower growth.

Halifax resident Anthony Reynolds was shopping at the Young Street NSLC yesterday and chalked that up to people drinking before they head to the bars to save money.

"I think pre-drinking plays a big part of it," he said. "I myself pre-drink before I go to a bar almost always. I'm not drunk but I do have a glass of wine or a couple beer and then I go out."

Council hands out more than \$464K

GRANTS Halifax Regional Council has approved 69 grants to local groups at a cost of \$464,011.

According to a Halifax Regional Municipality press release, there were more than 100 applicants and \$1.3 million in requests with "a diverse range of ages, locations and programming" receiving assistance.

Some of those receiving grants included the Golden Age Social Centre in Spryfield, which is getting \$5,000. **METRO HALIFAX**

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What's online today.

Video On the ground in Afghanistan with the big guns of Canada's artillery teams at metronews.ca/canada
Blogs Global Peasant tackles one of the 100-Day Raw Food Challenge's most daunting tasks — eating raw meat

Lotteries

Lotto 6/49: 4, 5, 8, 15, 19 and 40. Bonus 22. These results are not official.

FlareFashion

Lisa Tant

Read the blog at metronews.ca/flarefashion

ORIGINAL RECIPE CHICKEN

Chamber of Commerce praises the passing of HRMbyDesign

PLANNING The Halifax Chamber of Commerce is celebrating the passing of HRMbyDesign.

"It's been a long time coming and this is a great day for our city," Chamber president Valerie Payn said in a release yesterday. "The chamber has been advocating for clear, concise development guidelines for the downtown and finally we have them."

Halifax Regional Council passed HRMbyDesign almost unanimously Tuesday afternoon at city hall. Connaught-Quinpool

Coun. Jennifer Watts was the lone vote against the development plan. The plan had been in development for close to three years and had gone through extensive public hearings.

The plan has not been without controversy. The Heritage Trust of Nova Scotia in particular has vocally attacked it for failing to adequately protect heritage properties.

The Chamber of Commerce was one of the main supporters of HRMbyDesign. **METRO HALIFAX**

Cops investigate pair of robberies

CRIME There were two robberies in Dartmouth Tuesday night, including one where the suspects were said to have a gun and a knife.

Halifax Regional Police say the first incident involved a man who was punched and kicked unconscious by two male suspects and then robbed around 7:15 p.m. at Brook-

house School.

The victim was transported to hospital for treatment of minor injuries.

Police describe the suspects as white males around 18 years of age.

A little over four hours later, police say three friends were robbed on the corner of Fraser and Jamieson streets.

The victims said the two

male robbers claimed to have a gun and a knife, however police said neither weapon was seen in the theft.

No injuries were reported and the K-9 unit was dispatched but couldn't locate the suspects.

Both suspects are described as white males with shaved heads. **METRO HALIFAX**

News in brief

NAKED Halifax Regional Police say three female students found a man naked from the

waist down in the woods behind Chebucto Heights School yesterday afternoon. Police say

the students came across the suspect at 1:15 p.m. **METRO HALIFAX**

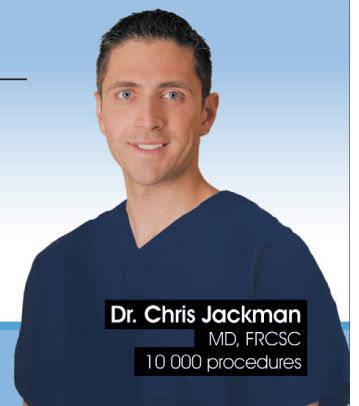
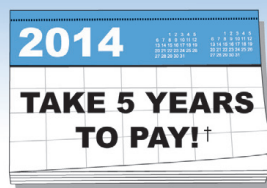
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July 4 & 5 2:30 Matinees
July 6 - 8 7:30 Evenings



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Thursday, June 18, 2009

4 local

Nova Scotia Lt-Gov. Mayann Francis hosted her annual garden party yesterday afternoon from 2 to 5 p.m. at the Royal Artillery Park in Halifax. The event was open to the public. **METRO HALIFAX**

Will stink bug tourists?

Tall Ships officials hope raw sewage won't pose problem

COLIN CHISHOLM
for Metro Halifax

Tall ships will be docked alongside floatables in Halifax next month, but event organizers don't think that fact or a not-so-pleasant smell will deter tourists from coming.

Halifax was supposed to have a summer without raw sewage being spewed into the harbour, however, that changed when the sewage treatment plant near the HMC Dockyard broke down in January. It was later discovered the plant wouldn't be back up-and-running until next spring.

Colin MacLean, president and CEO of Waterfront Development Corporation Limited, said volunteers with Halifax's portion of Tall Ships Nova Scotia 2009 will give tourists the "plain facts" if they ask about the smell.

"I don't think there's any benefit in saying, 'oh no your nose is mistaken,'" he said. "Being honest and forthright is the right thing to do."



Visitors to the Halifax waterfront step aboard the Bluenose II following a press conference yesterday announcing details for the Halifax Harbour portion of the Tall Ships Nova Scotia 2009 festival.

Things like tampons, condoms and other unsightly objects could also pop up in the harbour during the event, which might be a sore spot for some.

However, Leanne

Strathdee, event director of the festival, said she doesn't believe this sewage problem will have an effect on attendance numbers.

"It's the same situation we've been in for 25 years," she said, referring to the fact the Harbour Sewage

Treatment facility is only a few years old. "Since 1984, when we had the first one (tall ship festival), we had the same issues."

But Mayor Peter Kelly admitted Tuesday the sewage screw-up could impact Halifax's reputation when the tall ships sail into town.

"It's a concern," he told reporters following a city council meeting. "If we're having dry, dry weather ... and it's hot and it's smelly ... and there may or may not be some floatables, is that what we want to see? Absolutely not."

However, he said HRM is looking at ways to soften the stink, and will be meeting with Halifax Water at the end of the month to deal with the breakdown.

The Halifax portion of the festival runs from July 16 to 20.

WITH NOTES FROM
KRISTEN LIPSCOMBE, METRO HALIFAX

ShareYourViews

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THE SKY'S THE LIMIT

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NSCC

City starts counting down

COLIN CHISHOLM
for Metro Halifax

FESTIVAL The 30-day countdown to Tall Ships Nova Scotia 2009 was launched yesterday by the Bluenose II on the Halifax waterfront. The Halifax portion of the festival runs July 16 to 20.

Highlights include fireworks, an international crew parade on Lower Water Street and the popular closing parade of sail.

Between 40 and 50 ships from 14 different countries will be docked in Halifax and organizers are calling it the largest international festival in North America for close to a decade.

The festival is also lowering fares and absorbing service fees themselves to accommodate the economic climate according to Corrine MacLellan, a spokeswoman for the festival.

The Tall Ships event for 2007 generated an estimated \$27 million in revenue and \$2.2 million in direct taxes, according to event director Leanne Strathdee.

Tale of perilous playground released to teach kids about safety

The IWK's Child Safety Link program launched a new children's storybook yesterday about playground safety. The book is titled *Simon and Catapult Man's Perilous Playground Adventure* and is written by local author Norene Smiley and illustrated by fellow Maritimer Brenda Jones. **METRO HALIFAX**

'Coolest kids' get playground

Almost 300 volunteers put in a good day's work yesterday, and the result was a newly built playground in less than six hours.

The group of 275 adults started at 9:30 a.m. yesterday and kept going until 3:15 p.m. that afternoon to finish a brand new, shiny, blue, red and yellow playground for the elementary kids of École John W. MacLeod Fleming Tower School in Purcell's Cove.

"I think it's really cool," said Grade 3 student Meredith McComb, "because I've never actually seen a playground with one of those rock courts before... and our school's never had a zip-line ever."

This ambitious plan was developed by the non-profit organization KaBoom! and the investment group Foresters. KaBoom! creates playgrounds across North America with a goal of creating "a great place to play for every child in North America," said Erica Liberman, an associate director of project management for KaBoom!.

The playground for the



Mike Dunn of the nonprofit organization KaBoom! ropes off a new playground at École John W. MacLeod Fleming Tower School yesterday.

SunnySide

school on Purcell's Cove Road is the 1,632nd one built by KaBoom!

The volunteers working yesterday were mostly local parents and teachers, along with staff from

Foresters.

"Our job is to find the coolest kids in Halifax to build a playground for," she said, explaining they try to pick places that serves the most children, and has the most need for a new place to play.

The students came up

with their own design ideas, then a design firm developed three designs from them, on which the kids voted.

The playground won't be open until Sunday, as the playground's concrete needs to set.

LESLEY PIKE/FOR METRO HALIFAX

NSCAD students unveil collaborations with kids

PHILIP CROUCHER
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SunnySide

Students with the Nova Scotia College of Art and Design have been collaborating with young local artists for the past several months and Saturday they'll show off their finished works.

Titled Community Arts Day, NSCAD students are celebrating the results of this partnership by hosting four open houses at various locations in downtown Halifax.

Under the direction of professor Gene Daniels, 19 students in NSCAD's Community Arts Interactive program collaborated with North End community groups on four children's arts projects.

"This course was designed to introduce students to the world of com-

munity art service," Daniels said in a release.

"At the heart of this social vision is a belief in the value of cultural and creative expression to affect deep and lasting social change."

Two of the projects — Art to Go and Seed to Feed — will be on display at St. George's YouthNet on Brunswick Street from 11 a.m. to 1:30 p.m.

At 1:30 p.m., NSCAD's Granville Mall Plaza Studio will be showing off the project *Who Am I?* That's followed at 3 p.m. at NSCAD's Bell Auditorium with the project *My World ... My Life*.

"The response of these projects from both the children and our students has been absolutely and overwhelmingly positive," he said.

"The response of these projects ... has been absolutely and overwhelmingly positive."

Prof. Gene Daniels



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**CREATE
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The United States and Canada have agreed to accept each other's standards for organic food, expanding opportunities for organic food trade, a U.S. Agriculture Department official said yesterday. **REUTERS**

Canada/World

PM, Iggy reach deal

Parties step back from election after panel agreement

The federal Liberals agreed yesterday to back the minority Conservative government in a crucial confidence vote Friday, averting the threat of the summer election that both parties said nobody wanted.

Liberal Leader Michael Ignatieff stepped back from the brink of an election after Prime Minister Stephen Harper agreed to set up a joint panel to develop proposals to reform eligibility for jobless benefits.

It showed sudden willingness on the part of both men to co-operate and compromise to try to reduce the inherent instability of a minority Parliament.

"The breakthrough we actually have is the willingness of the government and the official opposition to work together on an important public policy mat-



A combination picture showing Liberal Leader Michael Ignatieff, left, and Prime Minister Stephen Harper during separate news conferences on Parliament Hill yesterday. The Liberals said yesterday it had struck a deal with Harper to avoid an election.

ter," Harper said, pledging to act in good faith with the Liberals.

Canada last went to the polls in October and has had three minority governments since 2004, with the constant threat of another election if opposition parties all vote against the gov-

ernment in Parliament.

Ignatieff will now back the Friday budget. Given that the two other opposition parties have promised to oppose them, a Liberal vote against would have forced a fourth election in little more than five years.

REUTERS

Teenagers charged after school stabbings

CRIME Two teens have been charged with attempted murder after a teacher and four students were stabbed at a Mississauga, Ont., high school.

Maria LoCicero, a teacher in a program for students with disciplinary problems at St. Joseph Secondary School, was slashed on the hand as she intervened in a hallway fight outside the cafeteria kitchen about 8:30 a.m. yesterday.

Students said the altercation was apparently retaliation for a swarming on Monday in which one of yesterday's attackers was beaten.

None of the students suffered life-threatening wounds, police said.

TORSTAR NEWS SERVICE

Mom recounts cougar encounter

FERNANDO CARNEIRO
Metro Canada



Sightings

- More than 30 cougar sightings have been reported in the Squamish area this month. Two of the animals have been killed by conservation officers.

lay would mean her life.

"I did what I think any mother would do, I jumped between him and her and I held on to her."

The animal then walked away, leaving Maya with some minor wounds.

Speaking from the family home near Squamish, Lee said she had very little sleep the night of the attack. While it terrified her, she said hearing the cougar was shot and killed by conservation officers made her heartbroken.

"I'm so sorry that he died," she said.

"I knew that it was just a matter of seconds that he needed to kill her," Lee said. "I knew that any de-

News in brief

INDUSTRY Canada promised \$1 billion in aid yesterday to the country's paper industry, which has been hit hard by a U.S. tax rule that has benefited U.S. rivals. **REUTERS**

ANIMALS A national zoo watchdog is calling for an independent review of the Calgary Zoo in the wake of what they call another "bad mistake" in a series of incidents dating back

to 2007. In a photo submitted to the Calgary Herald on Tuesday, a couple visiting the Zoo snapped a picture of a gorilla holding a knife.

METRO CANADA

Iran accuses U.S. of meddling

Iran's Foreign Ministry summoned the Swiss ambassador, who represents U.S. interests in Tehran, yesterday to protest at "interventionist" U.S. statements on the country's election, Fars News Agency reported.

The Foreign Ministry communicated Iran's "protest and displeasure" over statements by U.S. government officials about the outcome of last week's presidential vote, Iran's semi-official news agency said. In Washington, the White House said U.S. President Barack Obama will continue to defend the right of Iranians to peacefully protest the outcome of the election without "meddling" in Iran's internal debate. The State Department strongly rejected claims that the U.S. was interfering in the disputed June 12 election, pointing out that diplomats



A photo posted on Twitter shows protesters demonstrating in support of defeated presidential candidate Mir Hossein Mousavi.

from other countries had also been summoned.

"I suspect we are in good company," said State Department spokesman P.J. Crowley. "This is not about the United States."

A senior Canadian diplomat in Tehran had also been called in to the ministry, Fars News Agency said.

REUTERS

Probe ordered

- Iran's Interior Ministry has ordered an investigation into an attack on university students which they say was carried out by Islamic militia and police. One student activist who declined to be named told Reuters Tuesday that four students were killed during the violence.

Iran likely wants nuclear weapons: Watchdog

NUCLEAR Iran wants the ability to build nuclear weapons to gain the reputation of a major power in the Middle East, the head of the UN nuclear watchdog said in a BBC interview yesterday. Tehran

denied the assertion. Iranian President Mahmoud Ahmadinejad's disputed reelection last week has cast doubt on Western powers' hope of a dialogue with Iran aimed at curbing its urani-

um enrichment program, which Iran says is for generating electricity only. "My gut feeling is that Iran definitely would like to have the technology," Mohamed El-Baradei said. **REUTERS**

Larger U.S. banks quick to repay bailout money

ECONOMY Ten of the largest U.S. banks said yesterday they repaid more than \$68 billion US of taxpayer bailout funds, as they race to extract themselves from government restrictions on pay for top executives.

Banks are returning money taken from the \$700-billion Troubled Asset Relief Program, which was once intended to spur lending but is now viewed as a sign that recipients are too weak to survive on their own.

JPMorgan Chase & Co. said it repaid \$25 billion to TARP, while Goldman Sachs Group Inc. and Morgan Stanley said they repaid \$10 billion each.

Among other banks, U.S. Bancorp said it repaid \$6.6 billion, Capital One Financial Corp. \$3.6 billion, American Express Co. \$3.4 billion, BB&T Corp. \$3.1 billion, Bank of New York Mellon Corp. \$3 billion, State Street Corp. \$2 billion and

\$68B

Total bailout money paid back to the U.S. government by the 10 largest banks in the United States.

Northern Trust Corp. \$1.57 billion.

Apart from Northern Trust, all of these banks underwent government "stress tests" of their ability to withstand a deep recession and the government gave these 10 permission to repay the funds last week.

Several of the banks that underwent the tests were ordered to plug capital shortfalls, including Bank of America and Citigroup. Each took \$45 billion from the program, and the government is in the process of taking a potential 34 per cent equity stake in Citigroup. **REUTERS**

News in brief

SRI LANKA The remnants of the Tamil Tigers have vowed to form a government to push their separatist cause, which Sri Lanka yesterday called an "hallucination" and another illegal attempt to violate its unitary status. The decision came less than a month after the Sri Lankan military crushed the Liberation Tigers of Tamil Eelam in a 25-year civil war, and President Mahinda Rajapaksa declared Sri Lanka reunified.

GUATEMALA The U.S. government has decided the fate of about half the detainees at the Guantanamo Bay prison camp, and no more than a quarter of them will go on trial, Attorney General Eric Holder said yesterday. President Barack Obama's order for the prison to be closed by the end of January has met resistance in Congress. Last week nine prisoners were transferred to Saudi Arabia, Bermuda, Iraq and Chad. One, Ahmed Khalfan Ghailani, accused of involvement in the 1998 U.S. embassy bombings in Africa, was sent to New York and became the first detainee transferred to the U.S. for trial by civilian court. **REUTERS**

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

Comment

Bill causes ripple effect

Alberta teachers must warn parents of certain subjects

Relating

Andrea Woo

metronews.ca/woo

Earlier this month, a bill passed in Alberta enshrining gay rights into the province's human rights code. Celebrations were overshadowed, however, by a buried clause — a tiny but powerful traitor tumbling out of a rainbow-coloured Trojan horse.

Under section 11.1 of Bill 44, the Human Rights, Citizenship and Multiculturalism Amendment Act, Alberta teachers are now required to give formal notice to parents before teaching

subjects dealing explicitly with religion, sexuality or sexual orientation. Parents can then pull their children out of these classes without academic penalty.

While I support parents being informed in advance of these lessons and having the ability to make such decisions, the introduction of such legalities can create a ripple effect of secondary issues.

Requiring formal, written consent before covering sexuality or sexual orientation, for example, suggests to a child there is something so improper and perverse about it that even teachers must obtain permission before discussing it. "I'd love to tell you what homosexuality is, Jimmy,

but first I'll need your mother to sign a waiver in case this knowledge robs you of your innocence and corrupts your impressionable little mind."

It would also curtail the natural progression of class discussions and could cost students some very valuable lessons.

As well, if teachers must send out such advisories, wait for responses from every parent, determine whether or not to still proceed and, if so, (presumably) find alternative arrangements for children who cannot partake, it is expected that some teachers will simply opt for less contestable content. Even if every parent gave the go-

ahead, it would be a considerable hassle that would effectively kill the timeliness and spontaneity of lessons, for example, related to current events.

It should be noted that before the passing of the bill, Alberta parents were already notified before their children partook in sex education classes. The biggest difference now is the intimidating legal threat that teachers can be brought before Alberta Human Rights tribunals and its subsequent effects.

This is not an explicit issue of sexuality or religion, but of a teacher's ability to do his or her job fearlessly, and the implicit effect this has on our children's attitudes toward such topics.

Andrea Woo is a Vancouver-based news and entertainment reporter.

On the web
For more views on relating, go to Love Bytes at metronews.ca/blogs

Views

Women, girls need a room of their own

FourthWave

Canice Leung

metronews.ca/fourthwave

As a kid, my favourite activity was to read children's encyclopedias; my favourite entry was on aboriginal vision quests. Boys are cast into the wilderness to meditate and discover their life direction; they emerge men of truth and purpose. (No mention of the female equivalent.)

As a high-schooler, I spewed a geyser of emotion into a well-guarded journal. In English class, I learned about Virginia Woolf's *A Room Of One's Own*. (Her theory: "A woman must have money and a room of her own if she is to write.") It made

me wonder if my self-reflection was my own rite of passage — a notion explored in She's Shameless, to be released next week by Shameless, a Toronto-based alt-magazine for young women.

The essays are honest — about getting knocked up, knocked down, first times, first loves and finding your voice — but as co-editors Stacey May Fowles and Megan Griffith-Greene wrote in the book's introduction, "This is not an after-school special."

Cautionary tales abound — a pregnant 16-year-old contemplates, then rejects, abortion; a fourth-grader's French teacher peers down her shirt; a virginity is lost

to a slimy married father twice her age — but that's not the point.

Young women are rarely ever heard from in society.

It's adults, often men, that are invited on TV to wring their hands about teen-girl crises and asked how to "fix" these problems. Grow up, be smart, take responsibility, teens are told — but in practice they're not often given that agency, which is what makes She's Shameless remarkable. The essays neither condone nor condemn; some are full of regret, but the contributors' bios tell of eventual successes — writers are "proud feminist mamas," university graduates,

artists.

As it turns out, a writer shared my vision quest. Teri Vlassopoulos on making zines, which quieted her restless thoughts: "Even if the zines eventually get thrown away or if they're a little embarrassing or if there's some bad spelling in there, it's OK. That part doesn't matter. What matters is the importance of having tangible evidence and amassing proof. We should make things that we can keep around for later, even if just to burn them."

Some feminists believe women are absent from history books (and kids' encyclopedias) because they were written by men. If that's true, all the more reason to write.

Canice Leung is a former editor of Ryerson University feminist magazine *McClung's*, copy editor at Metro, ardent feminist and loudmouth.



MICHAEL DE ADOR

Letters

Fear and loathing over allergy season

Re: *Highs, lows of spring* (June 15)

My allergy resumé goes something like this: Diagnosed with hay fever at age six, commenced biweekly injections (a treatment that I would continue for nearly 25 years) at the age of seven, taking over-the-counter medications and prescription nasal sprays daily by age nine, and briefly hospitalized for an adverse reaction to one of my above mentioned injections at age 10 or 11. I feel entitled to comment on Anne Hines' column.

I've heard the urban legend of people getting high or delirious on allergy medication many times over the years and I've always felt that I somehow missed the boat on this. Having tried marijuana and some other drugs as well when I was young and more foolish than I am now, I know what a "heightened sense of well-being," etc., feels like.

Having tried virtually every allergy medication on the market over the last 30 years, the most any of them have done for me is reasonably suppress the symp-

toms in question. Big pink bunny? Grinning idiot? If anything, my daily mood tends toward the grumpy, sour end of the spectrum.

I must be using the wrong stuff, because when I see the annual millions of white fuzzies in the air, my emotional response is typically somewhere between fear and loathing.

ERIK REID, VANCOUVER

Being pro-abortion is not equivalent to being feminist

Re: *Feminism battleground is women's bodies*

I was disturbed to read Canice Leung's column about feminism and abortion.

If she had researched the history of feminism she would find that early feminists were overwhelmingly pro-life. As Elizabeth Cady Stanton wrote in 1873, "When we consider that women are treated as property, it is degrading to women that we should treat our children as property to be disposed of as we see fit."

Being pro-abortion is not equivalent to being a feminist. Don't forget, at least half the kids being aborted are girls.

LORETTA SILVA, TORONTO

Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Air Canada to allow pets in cabins

Passengers will be allowed to bring a limited number of cats or small dogs into the cabin during flights starting July 1, Air Canada said yesterday. **METRO NEWS SERVICES**

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Business

EDITOR: FERMIN.DESOUZA@METRONWS.CA

Obama urges reform

U.S. overhaul meant to prevent future collapses

President Barack Obama laid out his vision for recrafting U.S. financial regulation yesterday, vowing to halt "a cascade of mistakes ... over the course of decades" that eroded bank and market oversight.

The Obama plan, under development for six months, next goes to the U.S. Congress for debate, where more than a dozen committee hearings are scheduled between now and mid-July.

The plan takes on some tough jobs, such as forcing large financial firms to boost their capital cushions and regulating over-the-counter derivatives and securitized instru-

Opposition

• Powerful lobbying groups for corporate America were quick to pounce on the president's plan after it was released. Conservative House Republicans are offering a rival plan.

But it only partially tackles a task once seen as vital — a top-to-bottom revamp of financial regulatory agencies.

No merger of the Securities and Exchange Commission (SEC) and the Commodity Futures Trading Commission (CFTC) is being proposed, for instance, due largely to political obstacles.

A centrepiece of the plan is vesting the Federal Reserve with new powers over "systemic risk" in the economy with the aim of preventing future disasters like September's collapse of former Wall Street giant Lehman Brothers and the taxpayer bailout of mega-insurer American International Group.

The government would be also empowered to seize and unwind large, troubled companies that are not banks.

As well, Obama wants to beef up regulation of money market mutual funds, credit rating agencies and hedge funds, which would be required to register with the SEC.

REUTERS

Business in brief

AUTO Chrysler Group LLC said yesterday it will resume production of vehicles in seven North American assembly plants by the end of the month, the first large-scale resumption of production since the Fiat SpA-led company acquired Chrysler assets earlier in June. **REUTERS**

The DAILY BUSINESS BUZZ

Company loses workers: New Glasgow's Webster Bros. Paving is reeling from the shock of losing two staff members last weekend. Ian Grant Kirk, 28, and Patrick Joseph Weeks, 31, both of New Glasgow, died on June 13 in unrelated events.

Radio station approved: A year after a first application was rejected, the Tantramar Community Radio Society has been given the green light to set up an FM community radio station.

Fossil Centre funding: Cape Breton Regional Municipality Council narrowly approved \$10,000 in funding for the Cape Breton Fossil Centre Tuesday.

Get the full stories delivered to your inbox every morning. Sign up today for the **DAILY BUSINESS BUZZ** nsbj.ca

Russia High hopes for Opel



Workers assemble trucks at the GAZ car factory in Nizhny Novgorod yesterday. GAZ, along with Russia's largest lender Sberbank and Canadian car-parts group Magna, is on track to buy GM's German carmaker Opel. GAZ is the industrial partner in the deal, which Russia hopes will bring in Opel's expertise and a chance of a technical breakthrough in its ailing car industry.

GM faces backlash over dealer closings

AUTO General Motors' controversial decision to force the closing of hundreds of dealerships is triggering a backlash from store owners who are now contemplating legal action at the same time consumers are expressing outrage about losing service.

One GM dealer confirmed yesterday he has hired legal counsel, and a small group of retailers may fight the automaker over pending closures and an alleged lack of fair com-

pensation.

"We've got a litigation team looking into this," said Bob Slessor, president of Robert Slessor Pontiac Buick GMC in Grimsby, Ont.

A public petition calling for GM to reconsider the closures has now topped 2,300 names, with people lambasting the company for forcing them to travel long distances for future service and for unilaterally closing popular stores.

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A spokesman for Tom Ricketts, who heads his family's nearly US\$900-million bid to buy the Chicago Cubs from Tribune Co., says the deal is still on. Dennis Culleton said negotiations are moving along positively. **METRO NEWS SERVICES**

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

NHL goes for glitz

League awards to be handed out tonight in Las Vegas

Sin City becomes Shiny City tonight.

In a move it hopes will glitz up its image and bring a little more attention to the league, the NHL's annual awards gala will unfold in Las Vegas, a city with plenty of vice, but very little ice. The hardware handout will take place at the Palms Casino Resort and there will be a little hip-hop and Hollywood mixed with hockey as the game's brightest stars try to outshine the neon on the Strip.

"They want buzz," presenter Jeremy Roenick said of the league in a recent interview with a Vegas newspaper. "Las Vegas, there's no bigger buzz you're going to get for entertainment."

Even when the awards

"Las Vegas, there's no bigger buzz you're going to get." Jeremy Roenick

show was held in Toronto, the league always brought together an eclectic group of entertainers and presenters. This year will be no different and no less puzzling.

Chaka Khan and Robin Thicke — whose father Alan has hosted these awards in the past — will be among the entertainers. Among those expected to walk the red carpet and make appearances during the show are Snoop Dogg (huge fan of the Anaheim Ducks) and Michael Bublé (minority owner of the

WHL's Vancouver Giants), along with actors William Fichtner (Prison Break) and Tricia Helfer (Burn Notice).

There will, of course, be the usual array of impressive hockey legends on hand to help with the presentations, including Doug Gilmour, Mark Messier, Stan Mikita, Sergei Fedorov and Brian Leetch, but the focus will be on the players up for awards.

Again this year, Alexander Ovechkin is expected to need a trailer to take home his prizes. Already assured of the Rocket Richard Trophy for leading the league with 56 goals, he is the favourite to repeat as the Hart Trophy winner and Pearson Award winner.

TORSTAR NEWS SERVICE

Richmond shuts down Philadelphia

MLB RESULTS

Toronto 7 Philadelphia 1



BASEBALL Scott Richmond performed admirably in place of Roy Halladay, baffling Philadelphia hitters over eight innings as Toronto extended the Phillies' home struggles with a 7-1 win at a soggy Citizens Bank Park.

Richmond (5-3) allowed a run on five hits, struck out a career-high 11 and retired the final 13 batters he faced.

Halladay was scheduled to start for Toronto and is expected to be placed on the 15-day disabled list today with a strained right groin. The Blue Jays ace sustained the injury in his last outing against Florida Friday.

Aaron Hill went 3-for-5, including a two-run homer, and finished with three RBI for the Blue Jays, who've won the first two installments of this three-game interleague series. Scott Rolen homered and singled in another run, while Marco Scutaro collected three hits and scored twice.

METRO NEWS SERVICES



Henrik Stenson plays a shot during the third day of previews to the 109th U.S. Open yesterday in Farmingdale, N.Y.

Bethpage offers challenge to U.S. Open field

GOLF Players Championship winner Henrik Stenson summed up the challenges facing the field at Bethpage Black in the U.S. Open starting today in three words.

"Hard. Long. Wet," the Swede said.

The terse assessment was corroborated and elaborated upon by many of the top players among the 156 starters.

"The difficulty of Bethpage is how long it is," said Australian Geoff Ogilvy, the 2006 winner at Winged Foot.

At 7,426 yards off its back tees, the brawny public course at N.Y.'s Bethpage State Park is the longest lay-

"Hard. Long. Wet."

Henrik Stenson, on Bethpage Black

out used for a U.S. Open.

Persistent rain over the last six weeks has saturated the course and showers are forecast for the next four days on a track lengthened 200 yards since 2002, when Tiger Woods won the Open here. That makes for meagre roll on tee shots.

"The golf course is playing long," Woods said about his practice rounds. "They moved the tees back. I don't feel like I've gotten

any shorter since 2002, but man, I'm just wearing out my long irons.

"With the weather coming in here this week it's only going to get longer and harder and it's going to be even more difficult."

Ogilvy, a double winner on the PGA Tour this year, praised the routing of the course that goes all the way out in the front nine before returning the players home.

"It does feel like you go on an adventure and you come back for the crescendo to the finish," he said, referring to the testing quartet of holes from the 15th.

REUTERS

Sports in brief

SOSA A congressional committee will look into former baseball slugger Sammy Sosa's denial that he used illegal performance-enhancing drugs in light of a report that he tested positive in 2003.

TENNIS Defending champion Rafael Nadal and top-ranked women's player Dinara Safina were seeded No. 1 for Wimbledon yesterday. Toronto's Daniel Nestor and partner Nenad Zimonjic are seeded second in the men's doubles. French Open champ Roger Federer is seeded No. 2 among the men.

GOLF It was announced yesterday that Actor Kevin Costner will take part in the inaugural Mike Weir Charity Classic, where he'll join a field that includes NHL stars Martin Brodeur and Rick Nash, two-time NBA most valuable player Steve Nash, rocker Tom Cochrane and comedian George Lopez.

METRO NEWS SERVICES

NASCAR's Smith coming back to Riverside

NASCAR's Regan Smith will return to James River in Antigonish County on July 18 to defend his IWK 250 title at Riverside Speedway. Smith confirmed his participation yesterday, joining fellow Sprint Cup driver David Reutimann.

METRO HALIFAX



CLIVE NEWS THE PHOTO

Halifax Lions head coach and general manager Troy Ryan says he is looking for local talent in Saturday's Maritime Junior A Hockey League draft in Amherst.

Lions look to select local talent

MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Lions plan to buy local at Saturday's Maritime Junior A Hockey League draft in Amherst.

The Lions, who are under the guidance of new head coach and general manager Troy Ryan, are looking to draft and acquire Halifax-area talent in an effort to build a team that will one day contend for a championship at the Forum.

It won't happen overnight — the Lions lost 44 of 54 games last season after relocating from Antigonish — but local talent is a big part of Ryan's blueprint for success.

"There are a lot of quality junior-eligible guys from this region who are playing elsewhere," he said. "We're going to do our best to get those guys back here to play for the Lions."

The Lions, who pick second overall at the draft,

will build around forwards Wayne Bedeck and Stephen Popovic, defenceman Kyle Mariani and goaltender Kody Blois.

Ryan said he isn't setting goals for wins and championships. He just wants Halifax to be known as a team that develops players for the QMJHL and the university ranks.

"If you change that attitude, success and wins and losses take care of themselves," he said. "You need to get people here who aren't using this as a dead-end road — they're looking at it as a stepping stone to major junior or university."

Ryan said he'd be setting himself up for "a big-time failure" if he promised fans he was going to take the Lions from their 10-win season to a championship, but he hopes to get the team pointed in the right direction this weekend.

"We'll know a little better where we stand after the draft," he said.

Sports in brief

REFEREE Dartmouth's Don Koharski has won Sports Officials Canada's Ron Foxcroft Award for officiating excellence. The long-time NHL referee retired this spring after a 32-year career and is one of four winners of the award. Koharski appeared in 1,882 regular season games, 262 playoff games, 11 Stanley Cup finals, two All-Star Games, two Canada Cups, and the 2004 World Cup. He is the

league's second-most senior official behind Kerry Fraser. The awards will be presented on Sept. 26 in Mississauga, Ont.

BASKETBALL The Premier Basketball League will hold a try-out combine on Aug. 8 in Chicago. The event provides PBL teams such as the Halifax Rainmen a chance to scout potential selections in the annual draft, which will be held in October.

METRO HALIFAX

Mid-amateur championship teeing off

MATTHEW WUEST
matthew.wuest@metronews.ca

GOLF The Nova Scotia Golf Association mid-amateur championship is set to get underway tomorrow in Chester.

Defending champion Aaron Nickerson of River Hills and provincial teammates Glenn Robinson of Ashburn, Rob Collins of Clare and Leon Carter of Dundee are back this year

and will vie for the title at the Chester Golf Club.

Robinson said he had a sluggish start to the summer but that his game has been coming along lately.

"You try and just get yourself in position going into the last day and see where the chips fall after that," the 36-year-old Robinson said. "The big thing is to try to avoid shooting a big number and taking yourself out of the tournament."

Most players at the mid-

"You try and just get yourself in position going into the last day and see where the chips fall after that."

Glenn Robinson

am have only competed in two or three competitive tournaments this year.

Robinson said Nickerson "gets to wear the target for everybody" and pegged Avon Valley's Dean Woodman, a multi-time Chester

invitational winner, as a sleeper pick. "It's not a long course and he has one of the best short games around, so he'll be dangerous," he said.

The top four finishers represent Nova Scotia at nationals.



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This Shave the Planet gift set (\$29.95) includes shaving cream, moisturizer, soap and a massage bar. Available at LUSH, lush.ca. METRO NEWS SERVICES

Father's Day GIFT GUIDE

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Gifts for the tech lover

RAFAEL BRUSILOV
for Metro Canada

Everyone knows dads love their gadgets, and with Father's Day just around the corner, the pressure is on to find the perfect gift.

These days more people are looking for ways to secure that "wow!" potential without breaking the bank — that's why this year, Metro is featuring both fancy and frugal picks to fit any budget.

CAMERAS

Canon PowerShot SD780 IS digital camera, \$299

Sleek and sexy, Canon's newest Powershot is light and skinny yet powerful, with an optical stabilizer and 3x optical zoom lens attached to a 12.1 megapixel sensor. It also shoots HD movies and has an HDMI slot for easy playback output onto your HD TV. Pick it up and play with it in a store — you'll understand right away why it just feels "right" to the touch.

Canon Digital Rebel T1i digital SLR camera, \$999

Canon's new face-melting SLR smashes the term "entry-level SLR" into meaninglessness with a 15.1 megapixel sensor, DIGIC 4 Image Processor,

full HD video capture at up to 1920x1080 resolution, a large 3-inch LCD with anti-reflective and scratch-resistant coatings. SLR cameras use much larger silicone sensors than smaller, point-and-shoot cameras, which is part of the reason why pictures taken with an SLR look so much clearer and more vibrant. With its HD video capabilities and outstanding photo quality, attached to an entry-level price under \$1,000, Canon's T1i is a great buy for a dad who wants to graduate to a "real" camera.

TVS
Panasonic TC-P42G10 plasma television, \$1,299

A plasma television that scored a big hit with reviewers, the 42-inch G10 is a great bargain as an HD TV that is full of features and has a surprisingly high level of quality for its price.

tag. True black colour reproduction and overall colour accuracy is very good and the TV uses less power than most other plasmas in its category.

LG 47LH90 LCD television, \$2,899

An intelligent, luxurious HD 1080p TV for the discerning dad, LG's 47-inch LH90 has an LED backlit panel for increased clarity and colour detail. The TV's 240Hz TruMotion technology drastically eliminates on-screen motion blur when watching sports or gaming and an intelligent sensor inside the TV actually adjusts the picture to opti-

mize it for the viewing conditions in the room. With a contrast ratio of 2 million to 1, expect dad's eyeballs to get dazzled for a good, long time.

MOBILE PHONES
LG Rumor 2, \$269 without a plan or \$39.95 with a three-year plan from Bell

Despite all the hoopla about the newest Apple and Blackberry phones, LG's Rumor 2 sneaks in with a plethora of equivalent features for a very attractive price. Featuring a slick, sliding-faceplate design that sports a full QWERTY keyboard, the phone has Bluetooth Stereo, a 1.3 megapixel camera and built-in music player with up to 16 GB of expandable memory.

The YUBZ Retro Mobile Handset, right, and the Vuzix iWear AV310 Widescreen video eyewear are two out-of-the-box gifts you could give your dad on Sunday.

Apple iPhone 3G 32GB, \$299 with a three-year contract

The shrewd marketers at Apple are releasing their newest iPhone juggernaut tomorrow — just in time for Father's Day — and it does appear to live up to the hype. Letting you shoot VGA video or just take pictures with its new 3 megapixel camera, the phone is also purportedly the fastest iPhone yet for web-surfing and email.

OTHER COOL STUFF
YUBZ Retro Mobile Handset, \$44.95

A nifty throwback to the times when you only had to hold a receiver up to your face, the handset plugs directly into your mobile phone for old-school talking. Features a volume slider and one-touch answering, and it's purported to

reduce radiation hitting your face as you talk by 95 per cent.

Vuzix iWear AV310 Widescreen video eyewear, \$249

Featuring a 16:9 widescreen display that simulates a 52-inch screen, the Vuzix AV310 looks like something right out of Star Trek and is sure to be a distinctive gift for a dad who wants something none of his friends probably have yet. The glasses' adapter can plug right into an iPod or any other video device and lets you privately watch up to 11 hours of video on a single AA battery.



The Panasonic TC-P42G10 plasma television, left, and the LG 47LH90 LCD television.



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It's always Dad's size, the right colour, and the right gift! With all that Sears has to offer, Dad can find something he really wants.

Sears



Show him how you feel

This "dadvice" mug is a great daily reminder of how you feel about your dad. Available at Hallmark for \$9.95. For more, go to hallmark.ca. **METRO NEWS SERVICES**

father's day gift guide **13**

5 hot items for the golf-loving dad

1 Oakley Radar Sunglasses: With three interchangeable lens shapes to control the amount of sun protection and a revolutionary hydrophobic lens coating, this sleek accessory repels water and skin oils. Retailers for \$190 at Golf Town (golftown.com).



4 Dunning Performance Wovens: These Canadian-made pieces help men of all ages look stylish and remain bone dry in any business or casual environment. Available for \$109.99 at Golf Town (golftown.com).



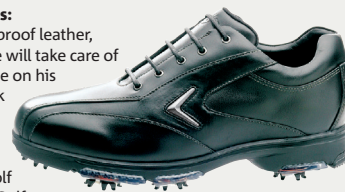
2 Ion Men's Glove: Callaway's advanced men's leather golf glove is designed to maximize performance. Available for \$27.99 at Golf Town (golftown.com).



3 FT Performance Stand Bag: Callaway's fully integrated 9-lb stand bag includes an easy-access magnetic pocket and a stay-open ball pocket. Retailers for \$219.99 at Golf Town and Nevada Bob's Golf.



5 Men's XTT Comp Golf Shoes: Made from full-grain waterproof leather, Callaway's XTT Comp Golf Shoe will take care of dad's feet so he can concentrate on his game. Available in black/black (left), white/black, sultan brown/sultan brown, or white/sultan brown. Available for \$149.99 at Golf Town and Nevada Bob's Golf.



Choosing the perfect card

Before you go card shopping, ask yourself: What kind of dad is he?

Gadget lover

He is fascinated by cool new technology. Best choice: He'll appreciate the latest — a sound card that features dual speakers and an interactive remote control to bring him a message.

Comedian

He's the king of silly. Best choice: Get him a card that reflects his specific type of humour.

Big softie

Your dad's never been shy about telling you how much he loves you. Best choice: Reciprocate his feelings.

Social advocate

Dad's your hero. He's proof one person can help make the world a better place. Best choice: Get a card that makes a difference, such as

a Hallmark RED card — a portion of the sales goes to fight Aids in Africa.

Movie buff

He memorizes movie credits and quotes his favourite scenes. Best choice: A card with a movie quote is your best bet. Something like, "I am your father" from Star Wars would be perfect.

Sports fan

He's a tad obsessed. Best choice: From fishing to golf, there's a card for most sports. There's even a music card that plays the opening theme of Monday Night Football.

Music lover

He loves you, but his record collection is his pride and joy. Best choice: Pick a card that plays a tune. There are lots to choose from.

For more inspiration, go to hallmark.ca. **NEWS CANADA**

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14 father's day gift guide

Get his groom on

JANINE FALCON
for Metro Canada

Here are some easy gifts for dad, whether he's a courtside, driveway-hoops or kick-back kind of guy.

To get his groom on

Kiehl's Close Shaver Rinseable Oil for a super-smooth shave and skin, \$26; at Kiehl's boutiques, kiehls.com for locations.

Vichy Homme Hydra Mag Eye Stick fights dark circles and under-eye bags, 4 mL, \$26; at select drug-stores.

Gillette Father's Day Gift Set, featuring a Fusion Power Gamer five-blade razor, HydraGel Shave Gel, G3X Clear Gel Deodorant, Dry Skin Hydrator + Body Wash and Clean + Condition 2-in-1 shampoo, \$24.99 (a \$35-value); at drugstores.



C.O. Bigelow Mentha Hair Mint-Infused Shampoo for a wake-up tingle, 200 mL, \$14.50; at bathandbody-works.com.

Zirh Julius Caesar citrus Warrior Shower Gel, one of five shower gels inspired by ancient warriors, 350 mL, \$27 each; go to zirh.com for retailers.

Matter All-Heal Salve for cuts, scrapes or seriously dry skin, an all-natural healing

balm with a light, outdoorsy scent, 42 g, \$18; mattercompany.com for retailers.

Nautica Oceans 100-per cent biodegradable, water-based cologne, 50 mL, \$57; at drug and department stores.

Fragrance Sampler & Certificate gives Dad 10 scents to try plus a gift certificate for a full-sized bottle of his favourite, \$70; at Shoppers Drug Mart.

CONTINUED ON NEXT PAGE



Matter All-Heal Salve, \$18.



Vichy Homme Hydra Mag Eye Stick, \$26.



Zirh Julius Caesar citrus Warrior Shower Gel, \$14.50.



Kiehl's Close Shaver Rinseable Oil, \$26.



C.O. Bigelow Mentha Hair Mint-Infused Shampoo, \$14.50.



Nautica Oceans 100 per cent biodegradable water-based cologne, \$57.

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To get his groove on

Gant rigger shirts, \$98 each; at The Bay, or call 1-800-652-9839 for retailers.

Tommy Bahama linen shirt, \$128; tommybahama.com for locations.

Quagmire Plaidwick golf shorts, \$69; at Golf Town and Sporting Life.

Oakley Felon polished gold/dark grey shades, \$210; oakley.ca.

Swatch Chrono Plastic watch with silicone strap, \$135; swatch.com for retailers.

Roots Cargo Bag in rustler/pebble leather, \$198; at Roots stores.

Philip Sparks Canvas Desert Boot, \$130; log on to philipsparks.com for retailers.

Tommy Bahama
linen shirt,
\$128.



Quagmire
Plaidwick
golf shorts,
\$69.



Roots
Cargo
Bag,
\$198.



Oakley Felon
shades, \$210.



Philip Sparks Canvas
Desert Boot, \$130.

Father's Day with a French accent.



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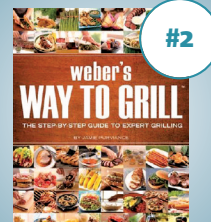


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Gifts for the everyman



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#2



#3



#4



#5



#6



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*While Quantities Last

#1

What makes him tick

Visit: longines.com
Longines Master Collection Retrograde Watch, \$5,600.

#2

For the grillmaster

Visit: amazon.ca
Weber's Way to Grill, by Jamie Purviance, \$20.48 at Amazon.ca.

#3

Get him grilling

Visit: presidentschoice.ca
This PC Home 18" Charcoal Grill also has foldable legs, \$89.99.

#4

Show him you care

Visit: hallmark.ca
Dad-mir-a-tion T-shirt, \$19.95. Gramp-li-fy shirt also available.

#5

Perfect for the yard

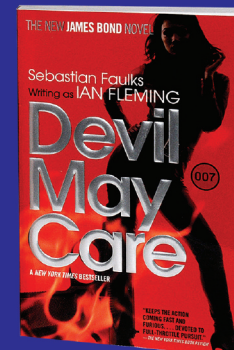
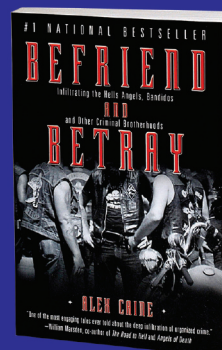
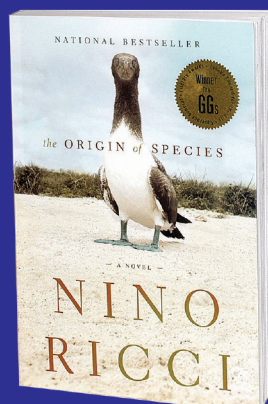
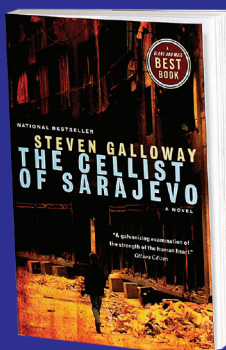
Visit: walmart.ca
This folding arm chair is perfect for the cottage, \$10.88 at Walmart.

#6

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Coleman's XL Broadband Quad Chair, \$36.99 at Canadian Tire.

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Metro Homes



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EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Steps from the city and the lake

SuiteTalk

Heather Clarke

suitetalkhalifax@gmail.com

Above the sparkling waters of Chocolate Lake, an urban retreat is taking shape.

Natural textures and clean lines come together to create the units of Crown Bay Condominiums on St. Margarets Bay Road. Giving Haligonians close proximity to downtown, and surrounding them with nature, Crown Bay is offering up the best of

both worlds.

"The units feel bright and airy," says design consultant Bruce Norman. "Especially the two-story loft units." Co-owner of Halifax's Norman Flynn Design, Norman designed the model suite using his love of natural, earthy materials.

Agdricola Street furniture haven Statement provided the furniture for Norman's lucious model suite. His arrangement shows prospective owners how they can play with texture and add pieces of interest. A stunning cowhide chair and a textured throw pop in the soft, neutral bedroom. Patterned throw pillows dress

up the classic cream sofa.

A free consultation with Norman Flynn Design comes with the purchase of every unit, so new owners can receive personal instruction on how to make the space their own.

Norman says the building will attract young professionals and retirees, and says that 20-somethings and 60-somethings often have the same taste in decor.

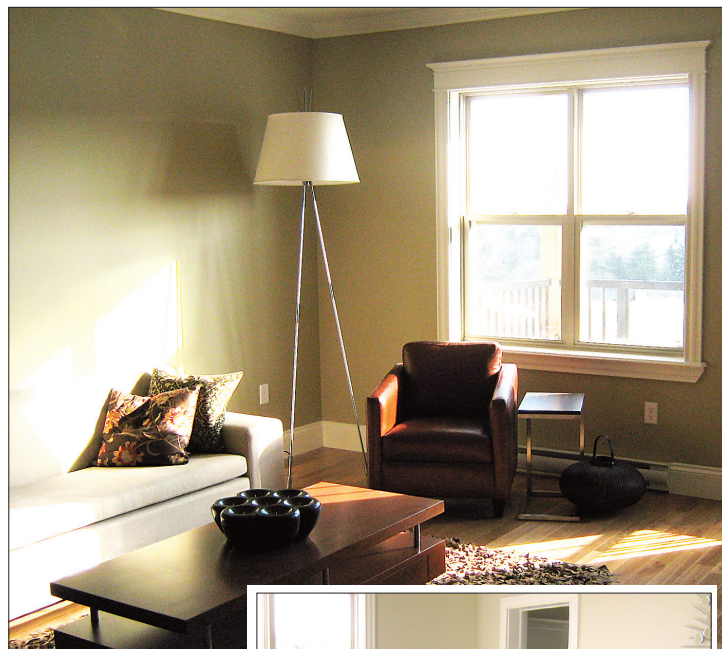
"Both types of clients tend to be attracted to modern finishes and clean lines," Norman explains. "Just because you are older, doesn't mean you want doilies everywhere."

But his expertise went beyond paint and fabric — Norman and his team worked with Crown Bay architects to ensure the building had the right "feel."

"We suggested they simplify the exterior to give it a more of a mid-century modern feel, to fit in with the other older buildings along St. Margarets Bay Road."

The building's location might just be one of its strongest features. A quick busride from downtown, the developer is encouraging owners to "think green" and take advantage of public transit — even offering a discount for owners who choose not to have a car.

Available in September, Crown Bay suites range



Residents of Crown Bay Condominiums will enjoy an urban lifestyle, while overlooking the calm waters of Chocolate Lake.

from 468 to more than 1,200 square feet, and cost between \$159,900 and \$289,900. The building's unique layout means that almost every unit is different, and most units boast a spectacular view of Chocolate Lake.

Heather Clarke is a Halifax-based writer with a penchant for pretty things.



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Putting property buying in focus

LegalMatters



A client told me recently when she bought her first home she met with her lawyer once — for only 15 minutes. Following this she understood only two things — she paid a lot of money and she owned a house. Unfortunately, far too many people experience

this legal blur when purchasing or selling their home.

A property transaction will be an overwhelming experience. In our business, surprises are problems, and choosing the right lawyer will help avoid them. The following are some of the factors you should consider when selecting a lawyer for a property transaction:

Use a real estate lawyer: There are more than 2,100 lawyers in Nova Scotia and most can complete a property transaction. You can expect specialized service and a greater familiarity with the subject matter

from real estate lawyers.

Seek multiple meetings: Your lawyer's role is to explain everything and coordinate your file. Achieving this during one consultation will be difficult, especially if it occurs on or just before the closing date. Find a lawyer who provides an initial consultation to review the legal and financial aspects of your deal. Many lawyers offer this service at no extra cost.

Compare prices: While most lawyers charge fixed fees for property transactions, be sure to investigate exactly what is included in the price. Quoted legal fees

may not represent everything you are responsible to pay for. Avoid the persuasion of the lowest price; fees are a significant factor but should not be the sole basis of your decision.

Rely on trusted sources: Follow the advice of your realtor, banker, or those close to you who are familiar with a lawyer. Hopefully they will guide you towards someone you trust and are comfortable with; possible the two most important qualities of a lawyer.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

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Veggies' time to shine

HomeScape

Sylvia Putz



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If seed sales are any indication, vegetable gardens are definitely on the rise. Research has shown that vegetable seed sales last year outshone the sales of flower seeds across North America for the first time, says Denis Flanagan, of Landscape Ontario, the provincial horticultural trades association. And the research also shows a new demographic — young, urban hipsters are getting into vegetable gardening in a big way, not just mature folks from the old country any more.

I have to admit that my first thought was that there's going to be a few surprises come harvest time, especially for those vegetable growing nubes.

I say this because I am the child of immigrants. Like

First-time gardener tips

- Prepare your soil. Soil is made up of a mixture of sand, clay and silt. The ideal mixture is 40 per cent silt, 40 per cent sand and 20 per cent clay.
- Add compost every year to loosen soil and add extra nutrients.
- Find a location that is sheltered from winds, and has

plenty of sunlight.

- Water early or late in the day, deeply near the base of the plant.
- Weed regularly so the task does not get overwhelming.
- Inspect frequently for pests, and take action early to minimize damage.
- Be patient.

many others transplanted from "away", they had a huge, well-tended garden that would unfailingly produce a bountiful harvest, thanks to devoted ministrations of my father. My brothers and I were forced to shell endless peas, snip the ends off mountains of homegrown beans, and help with the annual ritual of beet pickling.

All winter long, thanks to my mother's processing work in a hot, steamy kitchen, we were able to eat the vegetables, gorgeous tomato sauces, the aforementioned pickled beets, relishes, pickles, jams and other goodies from our

summer garden, but did we children appreciate it for one minute? No, of course not. We just complained about the work, and of course, about being forced to eat the vegetables throughout the winter.

It's a different story now. I love my vegetables now and totally appreciate the amazingly healthy, nutritious and delicious foods my parents grew in their garden. And the fact that younger people are getting into gardening could only spread the goodness around.

There are plenty of reasons for the newfound interest, says Flanagan. More people are growing vegeta-

bles because they are trying to eat local rather than buying goods flown or trucked in from faraway California or other distant places.

In urban centres, gardening often means squeezing in a small vegetable patch in a postage-stamp-sized backyard, or participating in an allotment garden. Another variation for condo owners or apartment dwellers is a container garden on the balcony. The important message is that it can be done.


For beginners, choosing a few of your favourite vegetables is the way to go. Gardening is work, no lie. So don't overextend yourself, or you'll get discouraged. Avoid big plants such as pumpkin or corn if you have an itty bitty backyard. To maximize vertical space, plant climbing species such as peas or beans along walls or fences.

For more great ideas and useful gardening tips, see landscapeontario.com.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.



Last year, vegetable seeds outsold flower seeds for the first time, according to Landscape Ontario's Denis Flanagan.



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the  ay



Canadian pork producers are reaching out to consumers with a new website that supports the efforts of producers across the country who are committed to meeting stringent food safety standards. Porkfits.com is currently featuring a boneless pork loin chop recipe in honour of Father's Day. **METRO NEWS SERVICES**

Promoting pork

Food

This Father's Day Weekend (June 20-21), Wendy's is helping foster children by donating \$1 from every Frosty product sold to the Dave Thomas Foundation for Adoption — Canada.

METRO NEWS SERVICES



Charity

DTFA-Canada is a non-profit public charity dedicated to dramatically increasing the number of foster care adoptions in Canada.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Just wing it for dad

À la carte

Barb Holland

metronews.ca/alacarte



What dad doesn't like wings? And they go especially well with beer.

These recipes are from Gathering Around the Grill: Inspirational Menus and Grilling Ideas for Family and Friends by Andrea Witzel & Kris Schumacher (published by Broil King). This cookbook offers 21 menus for occasions throughout the year, lots of tips, grilling information and, of course, recipes.

Grilled Chicken Wings

with Roquefort Dip and Veggies

If time permits, marinate wings up to one day ahead in the refrigerator. If you enjoy a Buffalo-style wing, toss wings in hot sauce after grilling or serve with the sauce as a dip. Makes four servings.

INGREDIENTS:

- 3 lbs (1.5 kg) chicken wings
- Marinade:**
 - 1/3 cup (75 ml) vegetable oil
 - 1 clove garlic, minced
 - 1 tsp (5 ml) each: Chili powder, dried oregano leaves and kosher salt
 - 1/4 tsp (1 ml) cayenne (or more to taste)
 - 2 tbsp (30 ml) red wine vinegar

METHOD:

Cut off and discard wing

tips, then cut each wing at the joint to make two pieces. In large bowl, whisk together vegetable oil, garlic, chili powder, oregano, salt, cayenne and vinegar. Add wings and toss to coat.

When ready to cook, drain wings and discard marinade. Lightly brush grill on one side of barbecue with oil. Preheat barbecue on high, then reduce heat to medium and cook wings, turning to set grill marks, about 15 minutes. Move wings up to upper rack and continue cooking 15 to 20 minutes or until cooked through and tender.

Roquefort Dip and Veggies

If time permits make up to one day ahead, cover and refrigerate until serv-



Almost every guy loves wings, a great companion for a cold beer. Try this meal for Father's Day.

ing time. If this is too strong a flavour for kids, try a Caesar salad dressing as a dip. Makes about 2/3 cup (150 ml) dip.

INGREDIENTS:

- 1/2 cup (125 ml) mayonnaise
- 1 clove garlic, minced
- 1 tbsp (15 ml) grated onion
- 1 tsp chopped fresh thyme
- 1 tbsp (15 ml) red wine vinegar

- 1/3 cup (75 ml) crumbled Roquefort or other blue cheese, crumbled
- Cut vegetables: Carrots, celery and red, yellow and orange pepper strips

METHOD:

Stir together dip ingredients, mayonnaise, garlic, onion, thyme, vinegar and cheese.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

On the web



Global Peasant blog:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog, metronews.ca/globalpeasant. Meat lovers: Dare to try raw meat?

Liquid Assets column:

- Peter Rockwell samples two Hardy's wines from Australia — a trusted name Down Under. Visit metronews.ca/liquidassets
- Canadian Living:**
 - Catch Canadian Living's recipe of the month Seafood Caesar Salad at metronews.ca/food.

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Style

Love, money, sex—what's next for you? Find out in the 2009 horoscope special, only in our July issue!

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

LOVE NOTES

Send a message in black and white

A delicate vanilla floral that smells sweet and feminine. Guerlain Eau de Shalimar Eau de Toilette Spray (\$100 for 75 ml)



Fresh white blossoms mixed with spice and white musks. Kenzo-amour Eau de Toilette Florale Spray (\$95 for 85 ml)



This tangy citrus scent has become a classic. Calvin Klein CK One Eau de toilette Spray (\$60 for 100ml)



An elegant floral with a sexy hint of sandalwood and patchouli. Always Alfred Sung Eau de Parfum Spray (\$88 for 100 ml)

A sensual scent for romantic evenings. Jo Malone Dark Amber & Ginger Lily Cologne (\$118 for 100 ml)



A sparkling splash of citrus and spring flowers. Gap Close Eau de Parfum Spray (\$28 for 50 ml)



This fragrance is a modern take on a traditional woody scent. Tom Ford Private Blend Italian Cypress Eau de Parfum Spray (\$210 for 50 ml)

Aveda Sun Care Protective Hair Veil (\$32)



WHAT'S NEW?

Remember when summer hair care meant spritzing it with lemon juice or Sun-In? (Thanks, YM!) Now that we're older and wiser, we need a smarter way to keep hair looking healthy and sun-kissed. Aveda's new botanical-rich Sun Care system includes a mask that repairs hair after sunning and swimming and a spray that blocks UV rays for up to 16 hours.



Editors' Pick

GROUNDING

Juicy hues, luxe leather and refined design detailing combine for a sexy, stylish pop that's anything but flat. La Canadienne sandals (\$145, La Canadienne.ca)



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Entertainment



Top bachelor

Gossip Girl star Chace Crawford tops People magazine's list of the hottest bachelors of 2009. The complete list hits newsstands tomorrow.

PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Jonas Brothers strike quickly

Jonas Brothers

Album: Lines, Vines and Trying Times
Label: Hollywood/Universal
Rating: ●●●●

BOY BANDS

HAVE to strike fast and often. The window's small, after all. One day you wake up to find your fanbase has left adolescence. So we have a new Jonas Brothers CD, just 10 months after the boys delivered their last. And golly gee, it's just in time for Nick, Joe and Kevin's new TV show. The



odd thing about this album is how different it sounds from the last — not necessarily more mature, just different. Definitely a step up from the pseudo-punk sound of A Little Bit Longer, the new CD takes a poppier turn, flirting with classic R&B and even venturing into country.

Graham Rockingham/for Metro Canada

Spinnerette

Album: Spinnerette
Label: Anthem/Universal
Rating: ●●●●

BRODY DALLE

HIT it big with her snarling hardcore punk band the Distillers, not to men-



Lines, Vines and Trying Times is the fourth studio album from teen heartthrobs the Jonas Brothers.

tion her marriage to Queens of the Stone Age frontman Josh Homme, so all eyes are on her new project, Spinnerette. The band's debut doesn't resemble her past — the record is a straight up pop album, albeit with some aggressive guitars and brash

vocals. It's in the same vein as Queens, though more polished and radio-friendly. That's not saying it's bad; there are a number of infectious tunes, but it would have been nice to see Dalle keep pushing her musical boundaries.

Bryan Borzykowski/for Metro Canada

Mos Def

Album: The Ecstacy
Label: Downtown/Fontana
North Rating: ●●●●

DESPITE WHAT

MOST people think, Mos Def isn't a great rapper. Or at least he hasn't been since 1999, when he released the spectacular Black on Both Sides. However, The Ecstacy proves that it's not that he doesn't have the talent, it's just been hiding for the past decade. He misses the mark on a couple tracks — like on Pretty Danger — but otherwise it looks like Mos Def is, finally, back.

Bryan Borzykowski/for Metro Canada



MusicReviews

music@metronews.ca

Dinosaur Jr.

Album: The Ecstacy
Label: Jagjaguwar/Sonic Unyon
Rating: ●●●●

MOST DI-

NOSAUR JR. fans were shocked when the legendary indie act reunited in 2005, but perhaps they should be more surprised that the trio has released two fantastic albums since. The latest is another incredibly focused effort that's filled with the fuzzy distortion and brooding melodies.

Bryan Borzykowski/for Metro Canada



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Boyle boosts U.S. auditions

America's Got Talent judge Piers Morgan promised that the new season of the NBC show will both honour — and reflect — the Susan Boyle phenomenon. **EW.COM**

entertainment 25

Gays wary of Brüno

Activists say film could reinforce negative stereotypes

U.S. gay activists are worried that comedian Sacha Baron Cohen's new film, Brüno, could reinforce negative stereotypes about homosexuals just as they are making gains in the fight for rights such as same-sex marriage.

Cohen, who scored a surprise hit in 2006 with Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan, portrays a flamboyant gay Austrian fashion reporter in the new film that premiered yesterday in London and opens in North America on July 10.

The studio releasing Brüno says the film's intent is to satirize homophobia, but some gay advocates are wary.

"We do feel the intentions of the filmmakers are in the right place — satire of this form can unmask homophobia — but at the same time it can heighten people's discomfort with our community," said Rashad Robinson, senior



Comedian Sacha Baron Cohen arrives at his latest silver screen avatar for the Paris premiere of Brüno.

director of media programs for the Gay and Lesbian Alliance Against Defamation.

With that in mind, GLAAD asked in vain for Universal Pictures, the studio behind Brüno, to add a message from Cohen addressing the importance of gay rights and tolerance.

Universal says in a state-

ment it believes most moviegoers will understand the film's "positive intentions. Brüno uses provocative comedy to powerfully shed light on the absurdity of many kinds of intolerance and ignorance, including homophobia," the studio said.

The movie comes out as U.S. same-sex couples have

won the right to wed in six states amid a fierce debate on gay marriage that has seen California voters approve a ban on such marriages.

Cohen has a huge fan base. Men and women flocked to Borat, a fake documentary about a Kazakh journalist traveling across the United States that used comedy to expose bigotry.

It earned \$128 million at U.S. and Canadian box offices and \$133 million in other countries.

Like its predecessor, Brüno is a mock documentary that covers the fashion reporter after he loses his job in Austria and goes to America looking to become a celebrity. Brüno wears mesh shirts, talks with a lisp and has a penchant for dropping his pants. **REUTERS**

Brüno hits theatres July 10

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
6/18/09	31	31	31	ABC	News (N)	ABC Mid News	Inside Edition	Chronicle	Ugly Betty (HDTV)	Grey's Anatomy		Practice
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Greek "War & Peace"	Life Swap			Practice
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Laughs	NHL Awards (HDTV) (N)	CBC News: The National			The Hour
	2	2	2	CBC-F	Urgences (SC)		Des squelettes	Gars fille	Perdus (HDTV) (SC)	Bons baisers de France (SC)		Le Téléjournal
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	How I Met	CSI: Crime Scene Invstgtn.		TVA 22 heures
	69	69	69	CFTM	TVA 18 heures	Sûr-salé	Dépenses xtr	Par-dessus le	Dr. House "Au suivant" (SC)	Mollie (N)		
	6	6	6	CHIF	Entertainment	ET Canada	Harper's Island "Snap"	Bones (HDTV PA)	The Office	The Office		News (N)
	9	9	9	CJCH	etalk	Hollywood	The Listener (HDTV) (N)	CSI: Crime Scene Invstgtn.	So You Think You Can Dance			News (N)
	10	10	10	ELTV	(6) EastLink Television			Podium TV	EastLink Television			
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA)	So You Think You Can Dance		Fox First
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	The Office	30 Rock		The Listener
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour David Thewlis.	CBC News: The National		American
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Business	Greater Boston	Basic Black	Frontline (DVS)	Frontline (N)		Frontline (N)
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	This Old Hse.	Yankee Shop	Ask This Old	Michigan	MI-5
	68	68	68	TQS	Rire et délire	Chemin du golf	Grande fille	Avec Albert	A contrecoeur (2006, Suspense) Joanna Going, Greg Evigan.			Mr Showbiz
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	GetConnected	Business News	Squeeze Play	Market Call
	18	18	18	CNN	Situation Room-Wolf Blitz		Lou Dobbs Tonight	Money Summit: Main St.	Larry King Live (N)			Cooper 360
	54	54	54	GOLF	Big Break	Haney Project	Haney Project	Live From the U.S. Open (Live)				Live-US Open
	52	52	52	RSE	Sportsnet Connected	UFC: Access	MMA Conn	Soccer: Nutrilite Canadian Championship -- Toronto at Montreal				Sportsnet Con.
	55	55	55	SCOR	(6) Morency	Covers Experts	World Series of Poker: Europe	Soccer UEFA U-21 Championship -- England vs. Spain.				Soccer
sports	45	45	45	SPD	Unique Whips	Pimp My Ride	Pass Time	Pinks -- All Out	Pinks -- All Out (HDTV)			Wrecked (N)
	53	53	53	TSN	Golf: U.S. Open Championship	Boxing	Boxing	NBA Pregame	NBA Count	NBA Basketball: Finals -- Magic at Lakers		
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Wizards-Place	Life Derek	Ned's School
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy 2	Total Drama	6TEEN	Futurama	300 *** (2007, Action)	
	26	26	26	TREE	Wonder Pets	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast
	27	27	27	YTV	Drake & Josh	Family Biz	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life	Falcon Beach
	16	16	16	A&E	CSI: Miami		CSI: Miami	The First 48 (HDTV)				Crime 360 (N)
	70	70	70	APTN	News (N)	Warriors: TKO	Wapos Bay	By the Rapids	renegade press	Gunslinger's Revenge *** (1998, Western)		
	50	50	50	BET	106 & Park: BET's Top 10 Live	Top 10 Countdown		House Party 2 *** (1991, Musical Comedy) Kid 'N Play.				Welcome to
	37	37	37	BRVO	Street Legal	Syllix Voice	Snapshot	Bathroom Divas-Opera Star	Intern Academy *** (2004, Comedy) (DVS)			
family	25	25	25	CMT	Totally	Shayne: This Is It		Home Improve.	Home Improve.	Reba	Hope & Faith	
	49	49	49	COM	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park	Comedy Now
	153	153	153	COURT	Truth, Duty, Valour		World's Wildest Police Videos	Cops Uncut	Dumb Criminal	Navy SEALs: Untold Stories		Police Videos
	38	38	38	DISC	How It's Made	How It's Made	Daily Planet (N)	Mystery of the Crystal Skulls				MythBusters
	34	34	34	HGTV	Holmes on Homes	Houses Hunters	Property Virgin	Holmes in New Orleans	Disaster DIY	Big Amazing	House Hunters	House Hunters
	46	46	46	HIST	Metropolis "Paris"	NCIS "Probie"		Ancient Discoveries	Metropolis "Paris"			NCIS
	17	17	17	MM	Paris Hilton's My New BFF	One Tree Hill		Degrassi: TNG	Instant Star	Paris Hilton's My New BFF	Video on Trial	
	19	19	19	MMM	mm10.10.ca		I'm a Celebrity, Get Me Out.	I'm a Celebrity, Get Me Out.	The Daily Fix			Entourage
	201	201	201	M1	(6) Intervention (2007)			(7:50) Henry Poole Is Here *** (2008)				Swing Vote *** (2008, Comedy)
	48	48	48	QLN	(6:30) The Amazing Race 4	Bounty Hunter	Bounty Hunter	Departures "Jordan"	Survivorman			Bounty Hunter
cable variety	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	Friends	Friends	Friends	Out Townr
	206	206	206	PIX	(6:20) Cape Fear		(8:15) Buck and the Preacher *** (1972, Western)		The Dogs of War *** (1980, Action)			
	67	67	67	RDI	RDI en direct	RDI en direct	24 Hours en 60 minutes	Grands reportages (SC)	Love-Death	Love-Death		RDI en direct
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits	Love-Death	Love-Death			
	40	40	40	SLICE	So Chic	Skin Deep	Skin Deep	Last 10	Last 10			Bulging Brides
	47	47	47	SPACE	Stargate SG-1	The Listener (N) (DVS)		Star Trek: Voyager				Grendel (2007, Adventure) Chris Bruno.
	14	14	14	SPIKE	CSI: Crime Scene Invstgtn.	UFC Unleashed	UFC Unleashed		TNA Wrestling (HDTV) (N)			
	98	98	98	STAR	etalk	The Ellen DeGeneres Show	TMZ (N)	etalk	Paris Hilton's My New BFF			Tonight Show
	21	21	21	TLC	What Not to Wear	Overhaulin' (HDTV)	American Chopper	American Chopper	American Chopper (N)			David Blaine
	34	34	34	TROP	North of 60	Traders	Inside Hollywood (N)		Raymond			Family Guy
cable variety	20	20	20	TV5	Que-champion	Journal de Fr2	Destinations	Comme chez	Club social	Envoyé spécial		
	28	28	28	V	Ekhaya -- A Family Chronicle	Murder, She Wrote	Cleaning Amy	Wait for God	'Allo, 'Allo!	Escape From Wildcat Canyon (1998)		
	97	97	97	VIVA	Mysterious Ways	How Clean		Most Haunted Spibank Fort.	The Closer			Passion
	22	22	22	W	Style by Jury	Style by Jury	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Smallville "Odyssey"	Supernatural (HDTV)		WGN News

critics' corner

Swing Vote
One man ends up with the title vote in a presidential election in this comedy, casting Kevin Costner as an everyman lobbied by both the incumbent and the challenger (Kelsey Grammer, Dennis Hopper) — and their associates — when his is the single decision that will determine who occupies the White House for the next four years. Madeline Carroll is delightful as Costner's daughter. 10 PM on M1



NHL Awards
The rather unlikely setting of the Palms Hotel in Las Vegas serves as the backdrop for hockey's biggest postseason celebration. Awards will be handed out in a variety of categories, including most valuable player and outstanding goaltender. Capitals forward Alex Ovechkin, who took home the Hart Trophy as the MVP last year, looks to be in line for more hardware here, as do Penguins center Evgeni Malkin and Bruins goaltender Tim Thomas. 8:30 PM on CBC

Crime 360
After gunshots ring out at a late-night house party, a 19-year-old man is found dead in the street. Detectives Gary Galetta and Glenn Weather get the name of a possible suspect from an informant, but the party guests and an off-duty fireman who witnessed the shooting don't identify him as the culprit. 11 PM on A&E



Tragedy strikes Farrow family again
Mia Farrow's older brother has been found dead in his Vermont home, the second tragedy in recent months for the actress, whose daughter died in December. Patrick Farrow, 66, a sculptor, was found late Monday by police, people.com reports. **METRO NEWS SERVICES**

Celebrity Buzz

Rob loses top hunk status

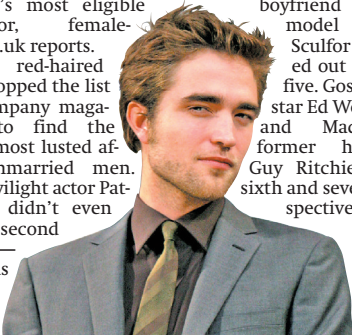
RATINGS Robert Pattinson has lost his crown as Hollywood hottest hunk — real royal Prince Harry has beaten him in a poll to find Britain's most eligible bachelor, female-first.co.uk reports.

The red-haired royal topped the list by Company magazine to find the U.K.'s most lusted after unmarried men. And Twilight actor Pattinson didn't even land second place — he was beaten into

third by British TV host George Lamb.

Comic actor Noel Fielding takes fourth place, while Cameron Diaz's ex-boyfriend and model Paul Sculfor rounded out the top five. Gossip Girl star Ed Westwick and Madonna's former husband Guy Ritchie came sixth and seventh respectively.

METRO NEWS SERVICES



LiLo-SamRo saga continues

HOT/COLD Lindsay Lohan has split from Samantha Ronson — again, female-first.co.uk reports.

The actress — who reunited with her DJ lover earlier this month after a high-profile breakup — was reportedly dumped by text message after the pair had a blazing row about Ronson's friend Nicole Richie on Monday night.

A source told website E! Online: "Nicole refuses even to be in the same room as Lindsay and Lindsay was furious when Sam was invited to a party

Nicole held for a mutual friend and she wasn't."

"Sam went to the party and it really upset Lindsay."

At the bash, Ronson enjoyed a meal with pregnant Richie and reportedly sent a message to Lohan telling her their relationship was over and to stop contacting her.

Earlier this

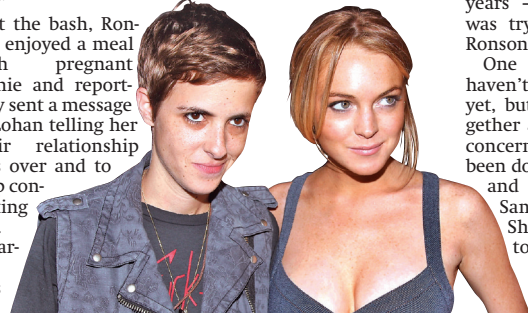
month, Lohan was spotted wearing an engagement ring, sparking rumours the pair were committed to

one another.

At the time, friends of the couple — who have dated on and off for two years — revealed Lohan was trying hard to keep Ronson happy.

One pal said: "They haven't started fighting yet, but they are back together as far as Lindsay is concerned. Lindsay has been doing so much better and has been giving Samantha her space. She is really dedicated to making it work."

METRO NEWS SERVICES



Becks shrinks boobs

CHANGING HER MIND Victoria Beckham has allegedly gone in for another breast augmentation surgery — her third, according to sources — only this time it was for a reduction.

"Victoria has wanted her implants taken out for a while. She felt that was part of her old image — the big hair, big boobs, fake tan — and that she has moved on since those days," a source told the Sun. "She had the operation three weeks ago and is very pleased with the results."

METRO WORLD NEWS



Addiction is killing Amy: Parents

PLEA Amy Winehouse's alcohol addiction is "killing" her parents, femalefirst.co.uk reports.

Mitch and Janis Winehouse are desperate to "rescue" their 25-year-old daughter, who they claim is in "denial" about her substance abuse problem. In an interview that was to be aired last night, Mitch said: "I tried it all — I said, 'Amy you've got to do this, you've got to go to this doc-

tor, you've got to do this, you've got to do that, you're killing me, you're killing your mum.' None of it worked."

Janis added: "The need to rescue her is enormous. I just want her to be OK and I would do whatever it took to make that right."

Mitch



blames the singer's estranged husband Blake Fielder-Civil for her problems: "The option of them being together is too horrible to contemplate. They are going to get divorced and who knows what's going to happen down the line."

METRO NEWS SERVICES

Not a gay swinger: Jada

RUMOUR MILL Jada Pinkett Smith isn't bothered by the rumours that have been swirling for years about her 11-year marriage to Will Smith.

"I've heard all the things — their marriage is not real, he's gay, she's gay, they swing. But at the end of the

day, people have to believe what they have to believe," she tells radio station Q100 in Atlanta.

"I'll tell you what, it's too hard to be in a pretend marriage. Life's too short for that one."

METRO WORLD NEWS



Alba off the hook

SAVED BY CELEBRITY? Jessica Alba won't face any criminal charges for plastering posters throughout Oklahoma City, tvguide.com reports.

"The decision has been made to close the case," police Sgt. Gary Knight said. "The case will not be presented to the district attorney's office."

Alba's act was part of a campaign for White Mike, an

L.A.-based group that aims to spread awareness of the great white shark species' decreasing population, according to E! News.

The 28-year-old faced charges of felony vandalism and possible jail time, but the property owners declined to press charges, E! reports.

Alba released an apology for her actions last week after photos surfaced of her plastering posters onto a downtown bridge, utility boxes and a United Way billboard.

METRO NEWS SERVICES



The Hills made me bulimic

BODY IMAGE The Hill star Stephanie Pratt confesses that seeing herself onscreen in the hit MTV reality series drove her to bulimia.

"I was horrified," she told Us Weekly. "I remember saying, 'I can't believe how huge I look walking over to Lauren (Conrad).'" But Pratt is quick to absolve the

folks behind the show. "The producers never put pressure on us to lose weight," she added.

METRO WORLD NEWS



Newly single Guy lets loose at pub

FREEDOM Guy Ritchie is living up the single life. He recently hosted some friends at his London pub the Punchbowl, including Dijana Jenkins, the wife of a British bank executive.

"They looked like they were having a great time together," a source told the Daily Mail.

METRO WORLD NEWS



SkinFix

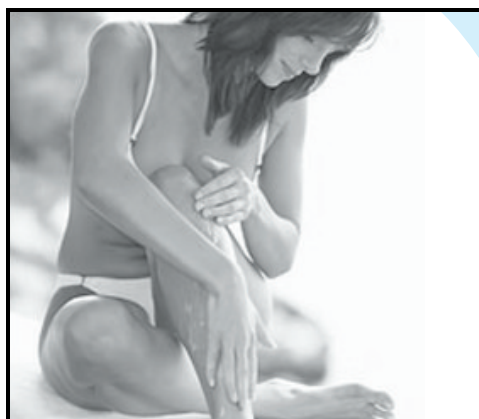
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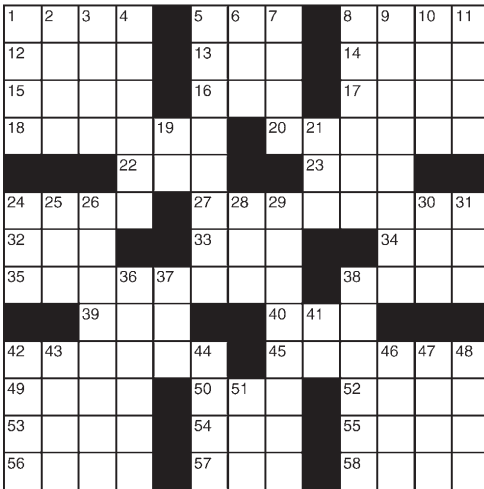
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Crossword across

- 1 Elevator man
5 Playground game
8 Uncertain
12 Rid of rind
13 Inseparable
14 Exposed
15 Egress
16 Atmosphere
17 Pedestal occupant
18 Drop from the will
20 Computer-to-phone links
22 Nourished
23 Nov. follower
24 Musical phrase
27 Pollution filter of a sort
32 Greek H
33 Vitamin stat

- 34 Fish eggs
35 MySpace rival
38 Without acting
39 Mess up
40 Type measures
42 Prophet whose donkey scolded him
45 Awkwardly stiff
49 Cowheaded goddess
50 Lawyers' org.
52 Nibble
53 Biography
54 Solidify
55 Faris of Scary Movie
56 Back muscles, briefly
57 Squid squirt
58 Authentic

Crossword down

- 1 Newspaper page
2 Cab
3 Camera part
4 Ignite
5 Bidirectional
6 Blackbird
7 Bacterium
8 In the same place (Lat.)
9 Jack, e.g.
10 Gift-tag word
11 Longings
19 Lindbergh book
21 Praise in verse
24 Ump
25 Call — day
26 Nip/Tuck offering

- 28 Commotion
29 One-sided contest
30 Fa-la connector
31 Crucial
36 Obliterates
37 Support provider
38 Weather-map line
41 Criminal's procedure (Abbr.)
42 Check
43 One side of the Urals
44 Creche trio
46 Eat in style
47 Sicilian spouter
48 Actress Patricia
51 Stiller or Stein

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	5	9	8	2	6	3	1	4
1	8	2	9	3	4	7	5	6
4	6	3	5	7	1	8	2	9
5	4	1	6	8	3	9	7	2
6	3	7	2	1	9	4	8	5
2	9	8	4	5	7	1	6	3
9	1	4	7	6	5	2	3	8
8	7	5	3	4	2	6	9	1
3	2	6	1	9	8	5	4	7

Find today's answers + play more games at metronews.ca

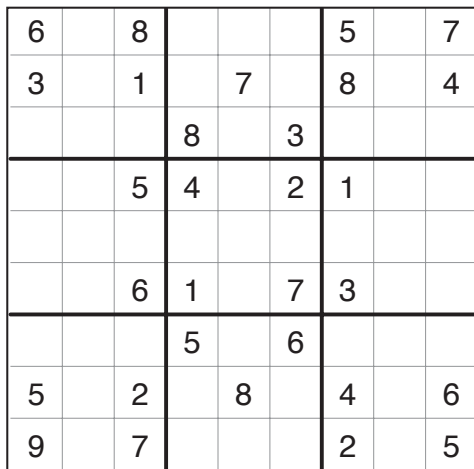
SUDOKU SOLVE TIME:

- Under 13 min Genius
13-17 min Scholar
17-21 min Smart
21-25 min Not bad
25+ min Keep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Tuna and Green Bean Salad

INGREDIENTS:

- 3 cloves garlic, peeled
8 oz (250 g) green beans, halved
6 small red potatoes, halved
2 tbsp (25 ml) balsamic or red wine vinegar
2 tbsp (25 ml) low-fat mayonnaise
1 tbsp (15 ml) olive oil
pinch of salt
1/2 cup (125 ml) fresh basil leaves
8 oz (250 g) cherry tomatoes, halved
2-1/2 cans (15 oz/425 g) water-packed tuna, drained
6 romaine lettuce leaves
1/3 cup (75 ml) black olives, for garnish

boiling water and cook 4 minutes, or until crisp-tender. Remove beans, rinse under cold water and drain. Add potatoes to pot and cook 12 minutes, or until tender; drain.
2. Add vinegar, mayonnaise, oil and salt to garlic in food processor and purée. Add basil and 2 tsp (25 ml) water and purée again.
3. Transfer dressing to large bowl. Add tomatoes, beans, potatoes and tuna, tossing to coat. Tear lettuce into small pieces. Add lettuce and toss again. Garnish with olives.

SERVES 4

METHOD:

1. Blanch garlic in large pot of boiling water 3 minutes. Transfer garlic to food processor or blender; set aside. Add beans to

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20

Today's Sun-Jupiter aspect gives you divine protection. However, others can't come to your rescue every time you make a mistake — so don't make any.

LIBRA

SEPT 23-OCT 23

Creative and artistic activities will go well for you, as will affairs of the heart. Don't assume a romantic attachment doesn't need to be cared for. It does.

TAURUS

APRIL 21-MAY 21

Your feelings for someone are getting deeper by the day, and over the next 24 hours what passes will bring you closer together into a blending of souls.

SCORPIO

OCT 24-NOV 22

You hate when others keep secrets from you and you'll try to find out what everyone but you is gossiping about. Beware: it may be close to home.

GEMINI

MAY 22-JUNE 21

You push your feelings to one side, maybe out of embarrassment, but today you give your attention on one person. The time to say "I love you" is now.

SAGITTARIUS

NOV 23-DEC 21

Why is everyone so happy to see you? Why do they want favours from you? Is it a joke? If so, you should laugh too. The cosmic powers are on your side.

CANCER

JUNE 22-JULY 22

An achiever by nature, you must keep your ambition under control to get what you desire. Don't make an enemy of someone more powerful than you.

CAPRICORN

DEC 22-JAN 20

Your energy levels will climb today but don't work harder or longer. Finish your schedule quickly and take the rest of the day off. You've earned it.

LEO

JULY 23-AUG 23

Everything seems to be going right for you at the moment and your run of good fortune will continue for quite some time. Don't waste it — use it.

AQUARIUS

JAN 21-FEB 18

Your plans will be bigger and bolder than ever, but in your haste to get started you could overlook an important detail. Take your time and get it right.

VIRGO

AUG 24-SEPT 22

Recent successes may have been to your credit but give some to your team. Say nice things about your colleagues now and they'll be there for you later.

PISCES

FEB 19-MARCH 20

You may think you know about somebody's private life, but it's just the half of it. Focus on your own affairs or others may soon be gossiping about you.

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WORDY GURDY®

BY TRICKY RICKY KANE

1. Unhappy senior after commencement (1)
2. Corridor side (1)
3. Horrifics "The Soloist" star Jamie (1)
4. Nonclergy merriment (3)
5. Abandons Halloween broom riders (2)
6. Lower-in-fat grime fighter (2)
7. 007 creator Ian's mass-migrating rodents (2)

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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6-18-09

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